

Insulation



Loft insulation

- Cost-effective and sometimes subsidised or even free
- Recommended depth 270mm (11 inches)
- Don't cover light fittings or cables or block soffit vents
- Insulate around (but not under) water tanks and lag pipes

Cavity wall insulation

- More costly but sometimes subsidised
- Usually quick and simple to install from outside
- Some exposed and 'narrow cavity' walls unsuitable
- Internal or external insulation is an alternative



Floor insulation

- Insulating floors properly can be disruptive
- Stopping draughts can be simple and effective
- Plug gaps between floorboards and under skirting
- Use thick underlay under carpets to retain heat

Savings

The table below shows typical annual savings that are possible.

Annual saving	Detached	Semi-detached	Mid-terrace	Bungalow	Flat
Cavity wall insulation	£275	£160	£105	£100	£90
Loft insulation	£240	£140	£135	£200	-